

# GOOD NEWS BEARS CLUB

## BIBLE DISCOVERY

### "Who am I?"

Recommended for: All

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**LESSON AIM:** To encourage the children to become all that God has intended them to be.

**MEMORY VERSE:** *"For He chose us in Him before the creation of the world to be holy and blameless in His sight."* (Ephesians 1:4)  
Underlined portion is for younger children to memorize.

**SUPPLIES:** Bibles, pencils, markers and paper.  
Construction paper, markers, glue and fake Jewels or glitter for crowns.

\*The week before, ask a couple of people in your church or neighborhood to share their profession with the class. Try to pick different occupations. Ask the speaker to explain why they feel they are in the right job (how they are a unique person for their job).

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**OPENING:** Divide kids into three groups. Assign the following scripture references for the children to look up and read at a later time.  
Matthew 10:29-31    Psalm 139:13-18    Psalm 100:3

Younger Children: Collect fake or plastic jewelry, or cut out pictures of jewels or use glitter. Make crowns out of construction paper: Write the words "God values me" on the crowns. Explain to the children that God is the "King of Kings", there is no king above Him, and we are His sons and daughters. We are princes and princesses.



**BIBLE DISCOVERY:**  
Younger Children: Ask the following questions and encourage the children to respond:

1. Did you know you are a one of a kind person? Did you know that God mad each person unique? You are unique! (Read Matthew 10:29-31.)

2. How many birds do you think there are in the sky? Which is your favorite?
3. Do you think God has a favorite bird?
4. What bird is mentioned in the scripture verse?
5. Jesus says you are more valuable to Him than the sparrow. Why does God put more value on people than He does on birds?
6. Does that verse make you feel special?

**Note:** If you have the speakers, discuss this afterward.

Older Children: Have the children share traits they like about their family and that God would like, too. Tell them they are a masterpiece created by God. There can only be one original; there are no copies made of anyone. (You may need to explain that even identical twins are different in some ways.) Read Psalm 139:13-18, ask the children how those words make them feel.

If your class is old enough to write, have them write the answers to the following questions. If your class is not old enough to write, just ask the questions and give several children a chance to respond verbally.

"I am different from others because..."

"The best part of my day is..."

"I like my friends because..."

"Two things I look forward to are..."

"I like to learn about..."

Read Psalm 100:3. Not only are we made like Him, but He made us and we belong to Him. Just like a shepherd takes care of his sheep, God will take care of us.



**ACTIVITY:** Name Acrostic. This is a good way for you and the older kids to get to know themselves better and to give you an idea of what they think of themselves.

Have the student vertically list their first name (include last if the first name is short.) Then have them write a word that describes their personality. (Some words might be positive and some may not be.) After they are finished talk about how different and special God made us. Also discuss areas in which we can ask God's help in improving. Have them pray for one another. Teach them to be accountable to each other in helping them grow.

Younger Children: The teacher will write each child's name in large dark letters and 2 or 3 positive characteristics for each child. Encourage the children to help think of positive ways to describe themselves.

While children are decorating their name, remind them of how special they are to God.

Example:

**J**umpy  
**O**utgoing  
**E**ncouraging

### **SNACK: PEANUT BUTTER FACES**

INGREDIENTS:      bread              peanut butter  
                         raisins              coconut  
                         round cutter      cupcake papers

Spread a slice of bread with peanut butter for each child (this can be done in class by the children if they are old enough to handle a job such as this. Use your discretion). Using a large biscuit cutter, cut a large circle from the slice of peanut-buttered bread (save scraps for the birds). Give each child a paper baking cup with a few raisins, coconut and whatever else would be appropriate for face making. Let the children be creative in making a face of themselves. Explain that each face that they create is unique, this is just like God created them, unique and special. Then let the children eat it!



**CONCLUSION:** Talk to the children about how special they are to God; that they were made unique (one of a kind), with talents to share and, best of all, in the image (or likeness) of God. Close in prayer.

Younger Children: Teach the following cheer:

I am BIG! (Stretch hands high)  
I am STRONG! (Flex muscles)  
Jesus will help me  
All day long!  
  
Who makes me BIG?  
Who makes me STRONG?  
Who makes me HAPPY?  
The whole day long? JESUS!  
  
JESUS, JESUS—HE IS STRONG!  
Loves me, helps me  
All day long! Yea! (Clap for Jesus!)

From: Kathy Reimer, 1001 Ways to Introduce Your Child to God. 1992 Tyndale House Publishers.