



## HOW TO DONATE TO STOP STARVATION

\$19 a month isn't much for most families in the U.S. But for \$19, Foursquare Disaster Relief (FDR) can feed a starving person in East Africa for an entire month! Now you can be part of helping stop starvation, too, with your ongoing donation.

Your financial gift brings nutritious, locally sourced food to starving refugees, who fled famine and violent conflict in South Sudan and are seeking shelter across Kenya and Uganda. Today, in the U.S., most children eat three times a day. But in East Africa, children in refugee camps only eat once every three days! There, your Foursquare family is doing everything they can to feed people.

Foursquare church members, like you, have a unique relationship to this crisis. In Bidi Bidi (one of the largest refugee camps in the world), a quarter of its 270,000 people are Foursquare members. Local Foursquare pastors are working hard to provide food. Unfortunately, local resources are simply overwhelmed by the needs of people desperate for food and hope.

That's why Foursquare Disaster Relief started Project Nourish, a response to the starvation crisis. Join in now, and make a difference that matters.

### 3 WAYS YOU CAN DONATE NOW:



#### 1. DONATE ONLINE

Donate monthly (or one-time) at [4sq.ca/fdrdonate](https://4sq.ca/fdrdonate). On your secure giving page, select "Project Nourish" from the drop-down menu.



#### 2. DONATE BY SMARTPHONE

Text **"4relief"** to **77977**, and follow the instructions. On your secure giving page, select "Project Nourish" from the drop-down menu.



#### 3. DONATE BY MAIL

Mail a check, with a note that giving is designated for FDR/Project Nourish, to:  
Foursquare Disaster Relief  
c/o Foursquare Missions International  
P.O. Box 26776  
Los Angeles, CA 90026

